

classes

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ROCK STEADY BOXING AT HOUSE OF CHAMPIONS IS FIGHTING BACK AGAINST PARKINSON'S. JOIN THE FIGHT TODAY!

MEN AND WOMEN, ALL STAGES, ALL LEVELS,
ALL AGES – FROM EARLY ONSET TO ADVANCED STAGE PARKINSON'S

NON-CONTACT BOXING CURRICULUM AIMED TOWARDS IMPROVING YOUR QUALITY OF LIFE TODAY!



CLASSES ARE 3X PER WEEK.

TUESDAY, THURSDAY 9-10AM, 5:15-6:15PM

SATURDAY 10:30-11:30AM

NO ONE WILL BE TURNED DOWN
IF THESE TIMES DON'T WORK FOR YOU. WE WILL CUSTOMIZE
A SCHEDULE TO SUIT YOUR NEEDS. CALL TODAY!



4378 US HWY 1, VERO BEACH, FL 32967 HOUSEOFCHAMPIONS@RSBAFFILIATE.COM #GCHOUSEOFCHAMPIONS

CALL NOW! 772-713-1157

4378 US HWY 1, VERO BEACH FL 32967